

# South Central Long-Term Care RISE

*Resiliency, Infrastructure, Support & Empowerment*

## Office Hours

November 10, 2023



**LONG TERM  
CARE** RESOURCE  
COLLABORATIVE

SOUTH CENTRAL  
**LTC RISE**



**PennState**  
College of Medicine



# AGENDA

- COVID-19, RSV and Influenza Data
- Questions of the week!
- Reminders & Opportunities
  - STARR program
  - Vizient SCOR survey
  - Emergency Management
  - Messiah University
  - ECHO
  - Fast Form



# SITUATIONAL AWARENESS

## SOUTH CENTRAL REGION

LTC RISE Counties with Outbreaks						
	Outbreaks	Percent of Facilities in County with Outbreak	PCH	SNF	Total in County	Outbreaks Previous Week
Bedford	0	0%	3	2	5	0
Blair	4	15%	16	10	26	4
Mifflin	1	20%	2	3	5	1
Huntingdon	2	40%	2	3	5	2
Fulton	1	50%	1	1	2	1
Juniata	0	0%	5	3	8	0
Perry	0	0%	1	3	4	0
Cumberland	8	20%	24	17	41	5
Franklin	4	14%	20	9	29	5
Adams	2	12%	11	6	17	1
Dauphin	1	3%	22	9	31	1
York	1	2%	30	16	46	1
Lebanon	4	13%	19	11	30	4
<b>Total</b>	<b>28</b>	<b>11%</b>	<b>156</b>	<b>93</b>	<b>249</b>	<b>25</b>
<b>Total Facilities (PCH and SNF)</b>				<b>249</b>		

SOUTH CENTRAL REGION- COUNTY COVID NEW HOSPITAL  
ADMISSION RATES ON 11/09/23: CDC DATA TRACKER

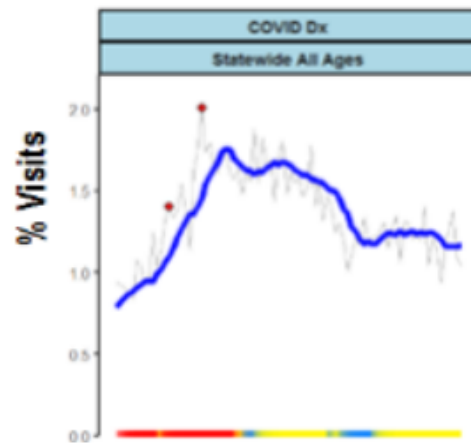
COUNTY	NEW HOSPITAL ADMISSIONS PAST WEEK	RATE PER 100,000 POPULATION
ADAMS	33	4.1
BEDFORD	48	12.9
BLAIR	48	12.9
CUMBERLAND	50	6.9
DAUPHIN	50	6.9
FRANKLIN	14	4.4
FULTON	14	4.4
HUNTINGDON	5	4.3
JUNIATA	5	4.3
LEBANON	50	6.9
MIFFLIN	5	4.3
PERRY	50	6.9
YORK	33	4.1

*Last Updated 11/09/2023*

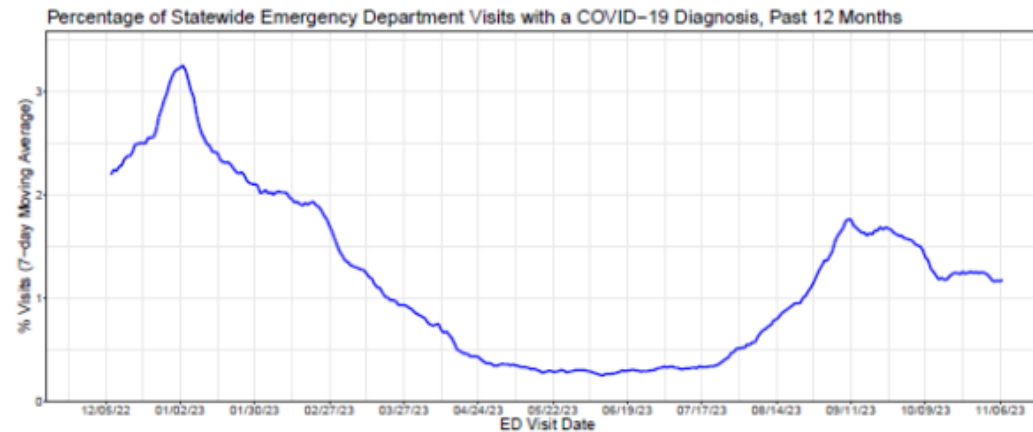
# Covid-19 Syndromic Data

The syndromic system captures ED visit data from all PA hospitals.

The % of visits with COVID diagnoses has plateaued in most regions.

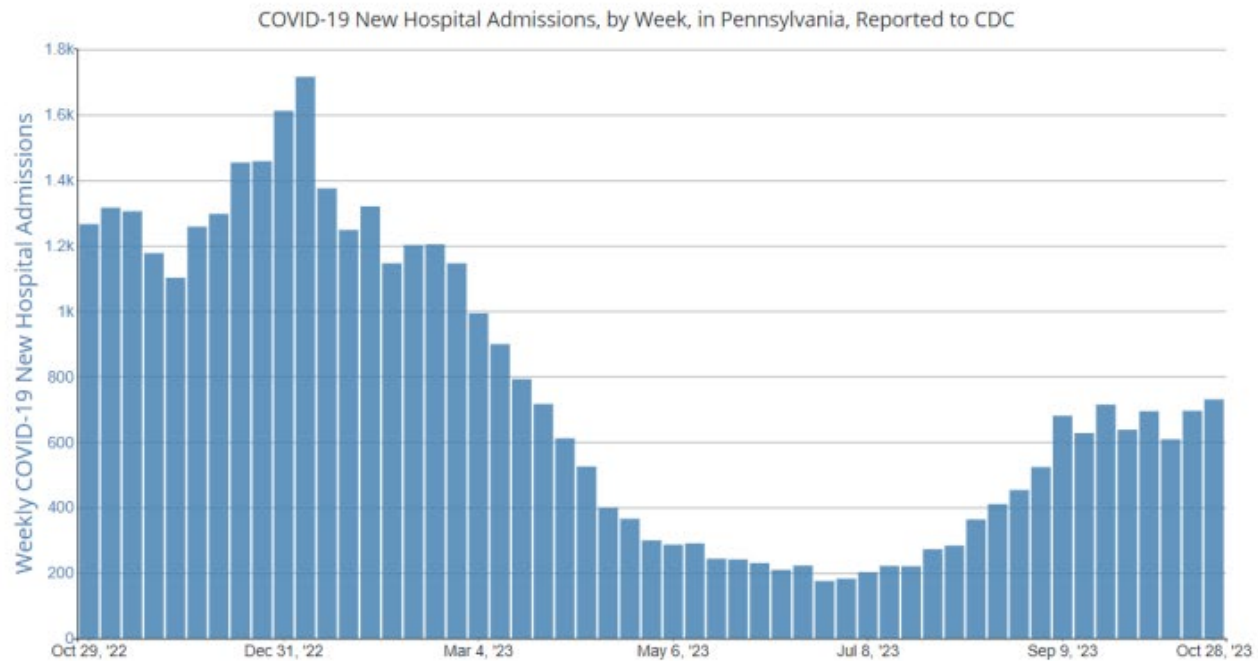


3-month trends (through 11/7/2023) in the % of ED visits that had a diagnosis code for COVID-19 infection



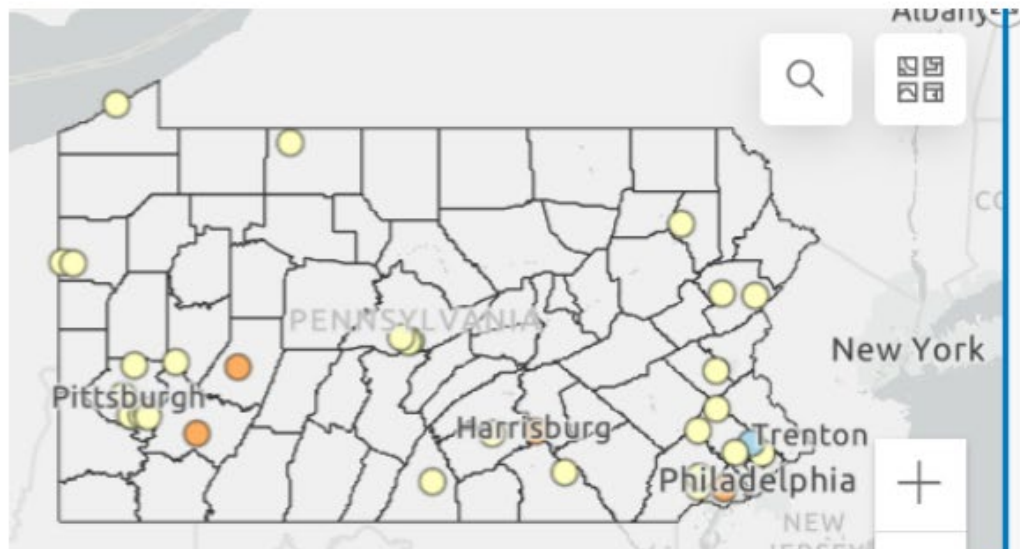
COVID-19 Statewide levels are still lower than they were at this time last year

# COVID- 19 Hospitalization by PA region



Indicates that new admissions statewide have stabilized.

# Wastewater Surveillance



## 15-Day Trend

- Large Increase
- Increase
- No Change
- Decrease
- Large Decrease
- Insufficient Data

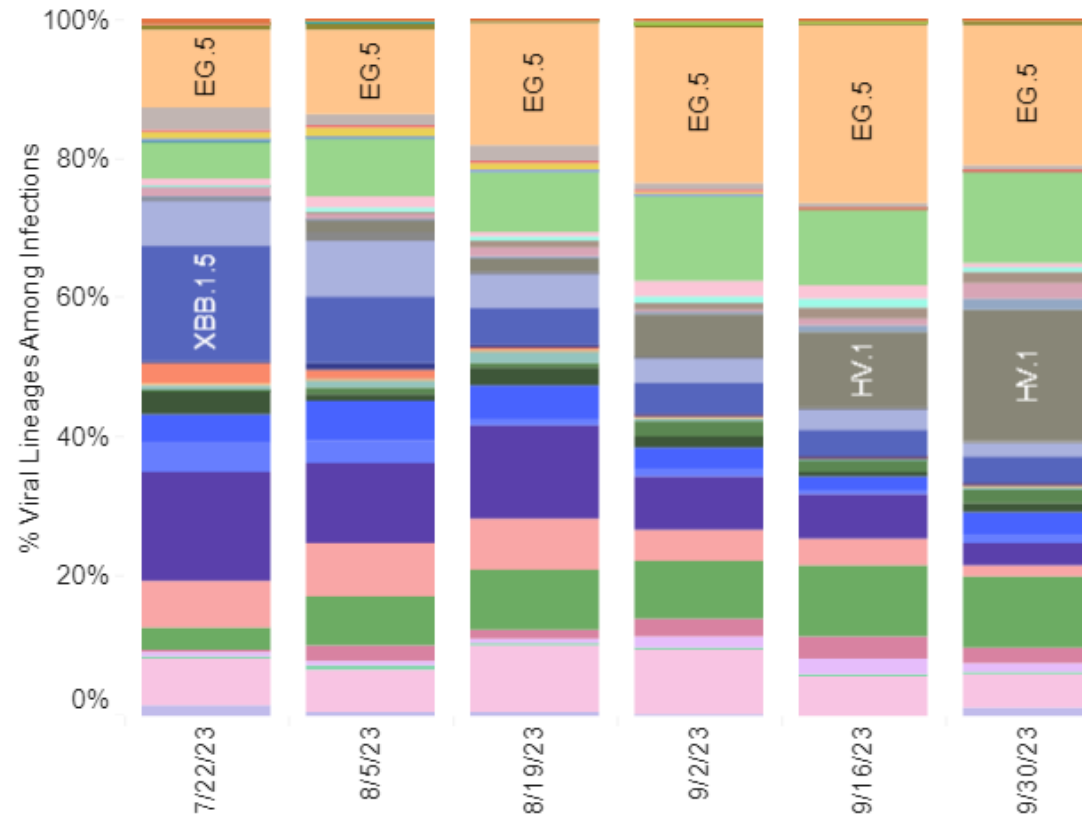
Similar to last week- most regions “no change”

# Weighted Estimates in HHS Region 3 for 2-Week Periods in 7/9/2023 – 10/28/2023

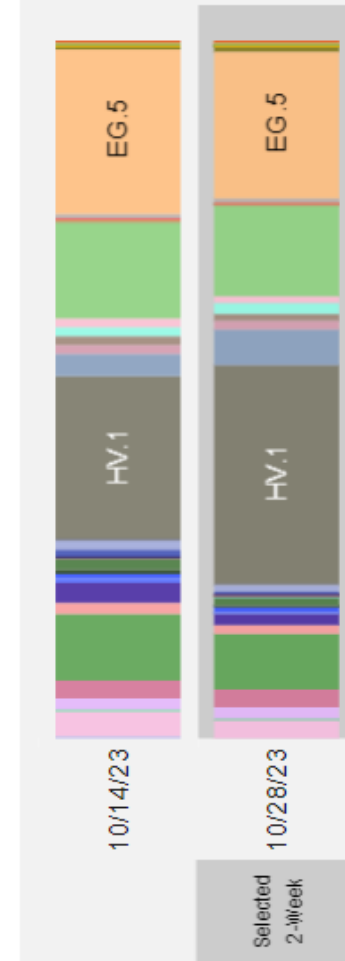


Hover over (or tap in mobile) any lineage of interest to see the amount of uncertainty in that lineage's estimate.

**Weighted Estimates:** Variant proportions based on reported genomic sequencing results



**Nowcast:** Model-based projected estimates of variant proportions



Collection date, two-week period ending

Selected 2-week



# Weekly Summary of Influenza and Respiratory Syncytial Virus (RSV) in Pennsylvania, 2023-2024 Respiratory Virus Season

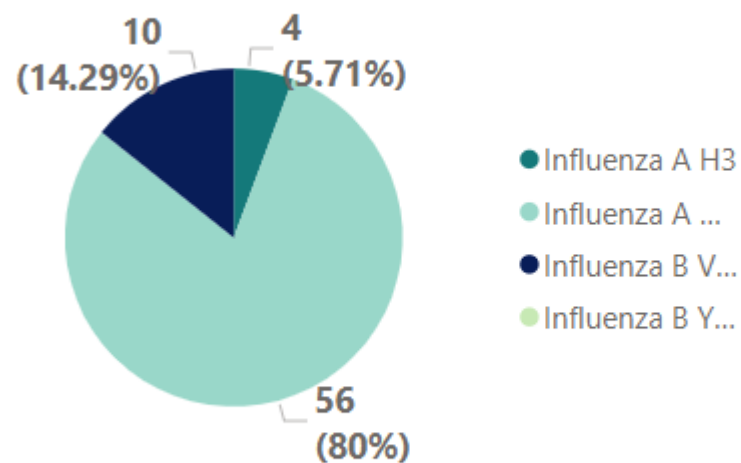


Data Through 11/4/2023

### Important Note

This tab displays case counts for respiratory virus diseases that are currently reportable in Pennsylvania, i.e. influenza and RSV. COVID-19 is no longer reportable in PA since the national Public Health Emergency ended on May 11, 2023. Note that information on more severe COVID-19 infections can be found on the COVID-19 dashboard.

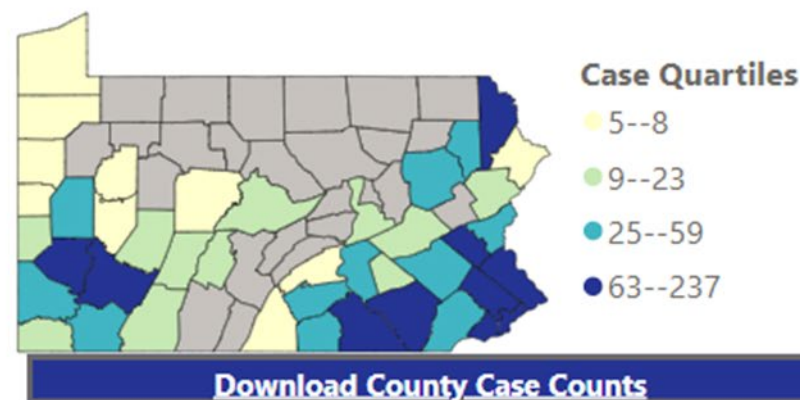
### Influenza Subtyping at the Public Health Lab 10/1/23 through 11/4/2023



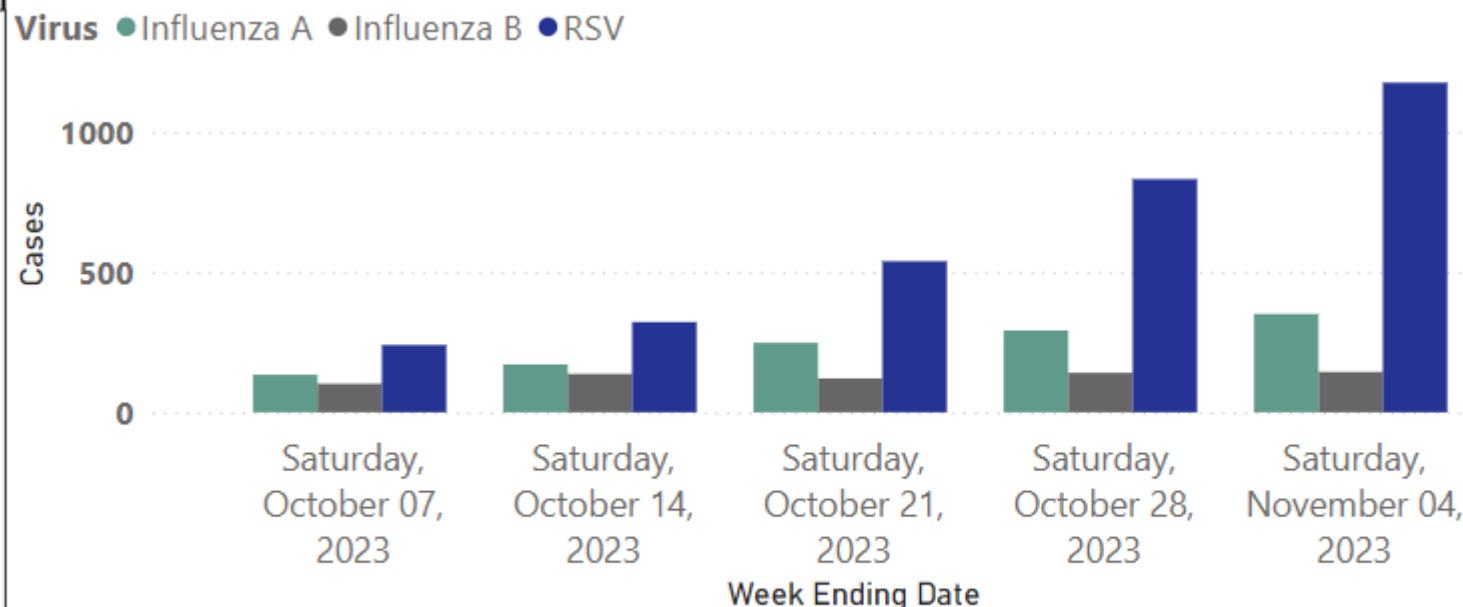
- Influenza (All Types)
- RSV (All Types)



### Influenza (All Types) Cases by County Reported to PA-NEDSS 10/1/23 through 11/4/2023



### Cases by Week Reported into PA-NEDSS



[Cover Page](#)

**Weekly Summary**

[Season Comparison](#)

[Emergency Department Surveillance](#)

[Hospitalizations](#)

[Mortality](#)

[Data Sources](#)

[Other Resources](#)

# Questions of the week!

- Should we vaccinate during an outbreak?
  - Yes!
  - Do not give to a patient newly diagnosed with Covid-19, wait until symptoms resolve at minimum and at maximum wait up to 90 days after infection
- Is Molnupiravir an effective treatment for Covid-19?
  - You can use but it considered significantly inferior to Remdesmivir and Paxlovid, but better than no treatment in most studies(for some outcomes)
  - [https://files.covid19treatmentguidelines.nih.gov/guidelines/section/section\\_141.pdf](https://files.covid19treatmentguidelines.nih.gov/guidelines/section/section_141.pdf)
- Should we increase efforts to access/administer the RSV vaccine?
  - Yes! We are expecting higher rates of RSV infection this season and older adults in LTC are considered at highest risk for serious illness/death

# Complete the STARR Ladder Program

## Earn \$200

### 3 Tracks:

- Dementia Care Track
- Infection Prevention Track
- QAPI Track – NEW!!

Provide select staff with an opportunity to become facility champions through participation in the STARR ladder program with goal to have facility recognition through assignment of a new role/title. Eligible staff include medication technicians, certified nursing assistants, maintenance staff, administrative staff and nurses.

### 3 STARR Phases:

- Online Component geared toward your chosen track (self-paced)
- In-Person workshop along with 2-3 virtual training sessions with subject matter experts
- In-Person training where STARR Participant co-leads the training, ongoing mentorship

Participants who **complete the program** earn a \$200 Mastercard gift card

To learn more email [RISEteam@pennstatehealth.psu.edu](mailto:RISEteam@pennstatehealth.psu.edu) or click the link to register!



[Register Here!](#)

Looking to jazz up your staff trainings but don't have time?

Are your staff educations lacking pizzazz?

Try ECRI's



ECRI has created multiple Escape Room scenarios where your staff can learn techniques while having FUN!! Educators will come to you and do the training FOR YOU!

**Sign-up and earn a gift card!**

Escape Room topics range from **Infection Prevention** to **Falls Prevention** to **Med Safety**

Learn more by emailing Jean [jharpel@ecri.org](mailto:jharpel@ecri.org)

# Register Here!



## Introducing “IP Talk” Office Hours

**HAPEvolve, in collaboration with Penn Medicine/Temple Health and Penn State Health LTC RISE programs, are excited to host monthly Infection Prevention (IP) Office Hours.**

**WHAT** IP Talk is a **VIRTUAL, Multiregional IP Office Hours session that will combine IP education with the sharing of best practices.**

**WHY** IP Talk is a way to support IP resiliency and assist LTC IPs in building a network of peers. We are currently pursuing continuing education so it will also be a great way to earn credit!

**WHEN** IP Talk will be held on the **FIRST Friday of each Month from 12:30 – 1:30 PM for 1 hour. Tentative Schedule:**

<b>October 6, 2023</b>	<b>January 5, 2024</b>	<b>April 5, 2024</b>
<b>November 3, 2023</b>	<b>February 2, 2024</b>	<b>May 3, 2024</b>
<b>December 1, 2023</b>	<b>March 1, 2024</b>	<b>June 7, 2024</b>

**WHO** IP Talk speakers will include subject matter experts discussing areas of Infection Prevention based on **YOUR** feedback. Current topics that are being planned include vaccines, outbreak management, enhanced barrier precautions and more!

**HOW** IP Talk Monthly sessions will be held virtually on ZOOM. A registration page will be made available and sent after every IP Office Hour to receive the calendar invite. Additionally, a reminder will be sent a week prior.

[LTC RISE Infection Prevention Office Hour Registration \(hapevolve.com\)](https://hapevolve.com)

# 12 Week IP Educational Offering: Introducing “12 Week IP Geek”



- We are currently pursuing CEUs for this course offering!
- “Back to Basics” IP Educational Topics aimed at supporting IP resiliency and building a network of peers
  - 6 Didactic Sessions ( 2 per month)
  - 3 Coaching/Networking Calls (1 per month)
  - Fun, laid back environment to learn, discuss and share ideas!
- Educational offering will be repeated in 3 cohorts throughout the year
  - Cohort 1- Sept-Nov (12 facility spots available) - **COHORT IN SESSION**
  - Cohort 2- Jan-Mar (12 facility spots available) - **REGISTRATION FULL**
  - **Cohort 3- Apr-Jun (12 facility spots available) - ENROLLING NOW!**
- Enroll for **COHORT 3** here : [LTC Rise IP Course Registration Link](#)

# SCOR-LTC Survey Sign-ups EXTENSION!

**Assess your current strengths and opportunities within your organization. The survey results are confidential, and individual facility results will only be shared with your leadership team.**

What you do:

- Register your community! See the link below
- Join a 15 min Mapping Session where you tell us about your facility staff – how many and how they work together
- Promote staff participation in an anonymous 8–11-minute survey

What you get:

- Detailed insight into the drivers of cultural health and staff well-being at your facility
- Training in interpreting the data from the survey
- A debriefing session from an expert on cultural impact in healthcare settings
- Custom action plan with coaching and strategies specific to your results
- Access to individual well-being trainings that can also provide free CEUs for all staff
- Newly surveying communities will receive iPads to assist in the survey process

Interested in participating this fall?

Please fill out the "SCOR-LTC Survey Registration" by clicking the link here: [November SCOR-LTC Registration](#)

The Vizient logo is displayed in a white rectangular box. The word "vizient" is written in a lowercase, sans-serif font, with the letters in a vibrant orange color. A small registered trademark symbol (®) is located to the upper right of the final letter.

# Long-Term Care RISE ECHO

This virtual series seeks to empower facility administration and staff to improve health outcomes for residents facing challenges related to age-friendly care.

Join us **December 14th, 2023** for our next session:

Hand Hygiene

Register below!

<https://redcap.link/LTCRISE23-24>



**PennState**  
College of Medicine





The Bridge Center at Messiah University is hosting 8 educational courses for entry and mid-level Long-Term Care Leaders called **Leading Spirituality and Wellness in Long-Term Care.**

**3rd COURSE – December 7 at 1:00 p.m.**  
**Interfaith Dialogue for LTC Leaders**

According to the Public Religion Research Institute (PRRI), most Americans encounter religious diversity at work far more frequently than in other aspects of life. Leaders need to build capacity to work effectively with people who hold views different from their own. Navigating religious diversity is critical to the work of diversity, equity, and inclusion yet it is an often-neglected dimension of that work. This course will focus on developing the capacity of interfaith leadership in the workplace.

Registration is free! Courses can be taken as a series or stand-alone events.



THE BRIDGE CENTER  
FOR CONTINUING EDUCATION

[For information on this course](#)  
[or to register, click here or scan QR code!](#)

For more details on the course series, go to  
[www.messiah.edu/bridgecenter](http://www.messiah.edu/bridgecenter)



# Peer-2-Peer Network (P2P Net)

## Facilitated by Medical Reserve Corps

As part of the Penn State LTC RISE program, the South Central PA Medical Reserve Corps is offering free training in-house at your facility. MRC can come on weekdays and weekends to complete this important program for your leadership and staffing teams. Each session lasts for about an hour and can be taught several times a day to capture all shifts. **Training is offered on a first come, first served basis.**

Psychological First Aid (PFA) is an evidence-informed approach that is built on the concept of human resilience. PFA aims to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal crisis. PFA addresses basic needs and reduces psychological distress by providing a caring comforting presence, and education on common stress reactions. It empowers the individual by supporting strengths and encouraging existing coping skills and also provides connections to natural support networks.

Follow this link to find a time between now and March 2024. <https://calendly.com/scpamrc/psychological-first-aid> (Weekends upon request)

Other questions? Contact Kim Lee Kenawell, MSFS, AWMA<sup>®</sup>, CDFA<sup>®</sup>, CRPC<sup>®</sup>  
[kkenawell@ehsf.org](mailto:kkenawell@ehsf.org) or 717-319-5110





# In less than 10 minutes, complete the LTC RISE *FAST Form* The *Facility Access Survey Tool*



*Created by your Long-Term Care RISE partners in the South Central PA region, this tool will help us gather information from multiple points-of-contact at your facility in order to quickly share resources, training, incentives and MORE to you for easy connections!*

[Click here to complete the form today!](#)

