

South Central Long-Term Care RISE

Resiliency, Infrastructure, Support & Empowerment

Office Hours

October 6, 2023



**LONG TERM
CARE** RESOURCE
COLLABORATIVE

SOUTH CENTRAL
LTC RISE



PennState
College of Medicine



AGENDA

- COVID-19 Data
- HAN 720 review
- RISE program spotlight: Smeal College of Business Executive Program
- Reminders & Opportunities
 - Vizient SCOR survey
 - Messiah University
 - STARR program
 - Fast Form
 - ECHO
 - Age Friendly Health System recognition






SITUATIONAL AWARENESS

SOUTH CENTRAL REGION

LTC RISE Counties with Outbreaks						
	Outbreaks	Percent of Facilities in County with Outbreak	PCH	SNF	Total in County	Outbreaks Previous Week
Bedford	1	20%	3	2	5	1
Blair	9	35%	16	10	26	8
Mifflin	0	0%	2	3	5	1
Huntingdon	3	60%	2	3	5	2
Fulton	0	0%	1	1	2	0
Juniata	0	0%	5	3	8	1
Perry	0	0%	1	3	4	0
Cumberland	8	20%	24	17	41	8
Franklin	6	21%	20	9	29	4
Adams	1	6%	11	6	17	1
Dauphin	1	3%	22	9	31	0
York	2	4%	30	16	46	2
Lebanon	3	10%	19	11	30	3
Total	34	14%	156	93	249	31
Total Facilities (PCH and SNF)				249		

Future Surveillance

CDC COVID-19 Community Levels have been replaced with **COVID-19 hospital admission levels** to guide prevention decisions. *>98% concordance between the COVID-19 Community Levels (CCLs) and COVID-19 hospital admission levels on:

 <p>Low, Medium, High</p>	<p>Promote equitable access to vaccination, testing, masks and respirators, treatment and prevention medications, community outreach, and support services.</p> <p>Ensure access to testing</p> <p>Maintain ventilation improvements</p> <p>Encourage isolation among people who test positive.</p>
 <p>Medium, High</p>	<p>Implement screening testing in high-risk settings where screening testing is recommended.</p>
 <p>High</p>	<p>Implement healthcare surge support as needed</p>

SOUTH CENTRAL REGION- COUNTY COVID NEW HOSPITAL
ADMISSION RATES ON 10/05/23: CDC DATA TRACKER

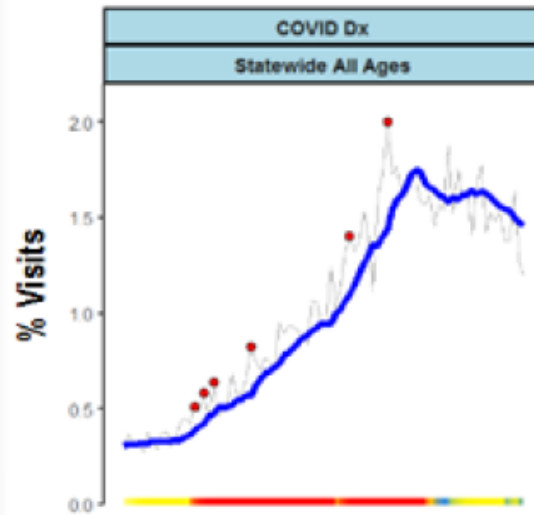
COUNTY	NEW HOSPITAL ADMISSIONS PAST WEEK	RATE PER 100,000 POPULATION
ADAMS	24	3.0
BEDFORD	36	9.6
BLAIR	36	9.6
CUMBERLAND	42	5.8
DAUPHIN	42	5.8
FRANKLIN	15	4.7
FULTON	15	4.7
HUNTINGDON	7	6.0
JUNIATA	7	6.0
LEBANON	42	5.8
MIFFLIN	7	6.0
PERRY	42	5.8
YORK	24	3.0

Last Updated 10/05/2023

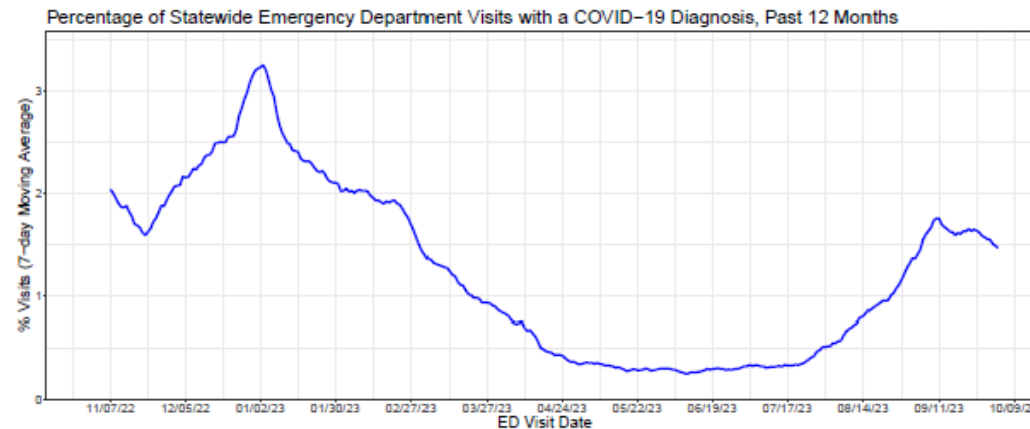
Covid-19 Syndromic Data

The syndromic system captures ED visit data from all PA hospitals.

The % of visits with COVID diagnoses are generally decreasing in all age categories.

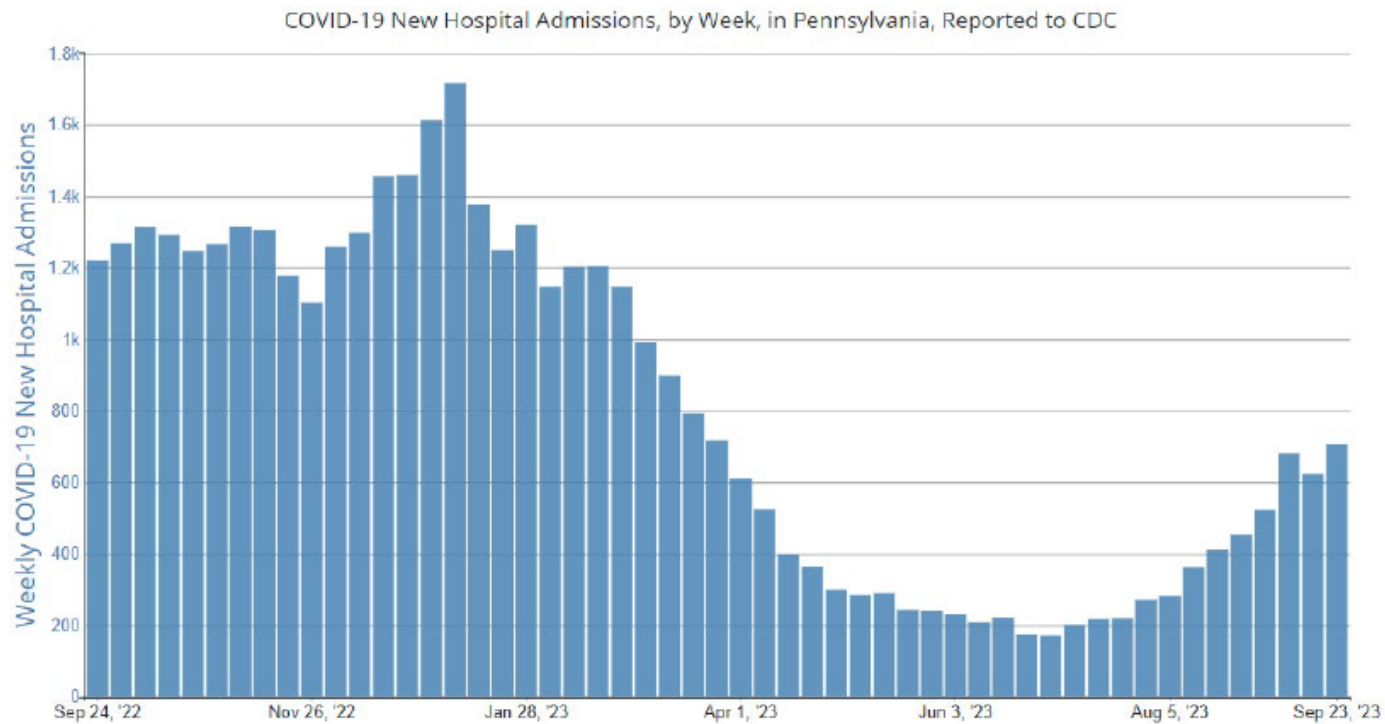


3-month trends (through 10/3/2023) in the % of ED visits that had a diagnosis code for COVID-19 infection



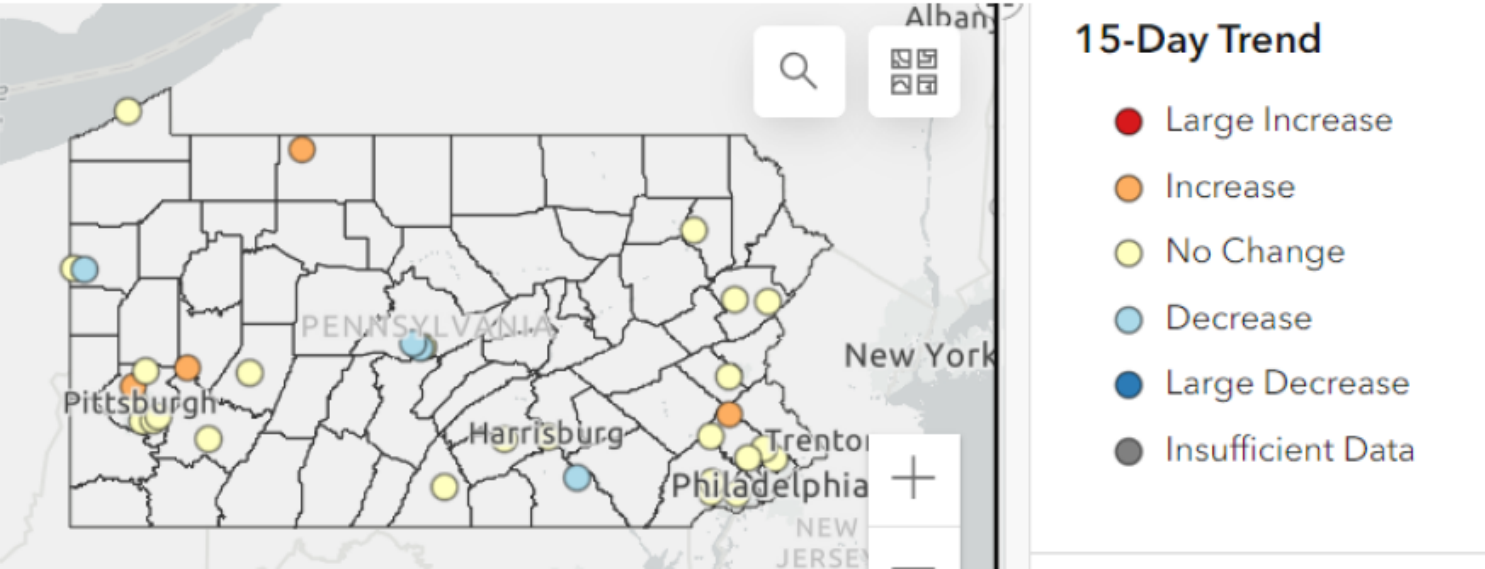
Levels are still about the same as they were in early March. They are still lower than they were at this time last year, but not by a lot

COVID- 19 Hospitalization by PA region



Shows a small increase in new admissions statewide for the week ending Sep 23.

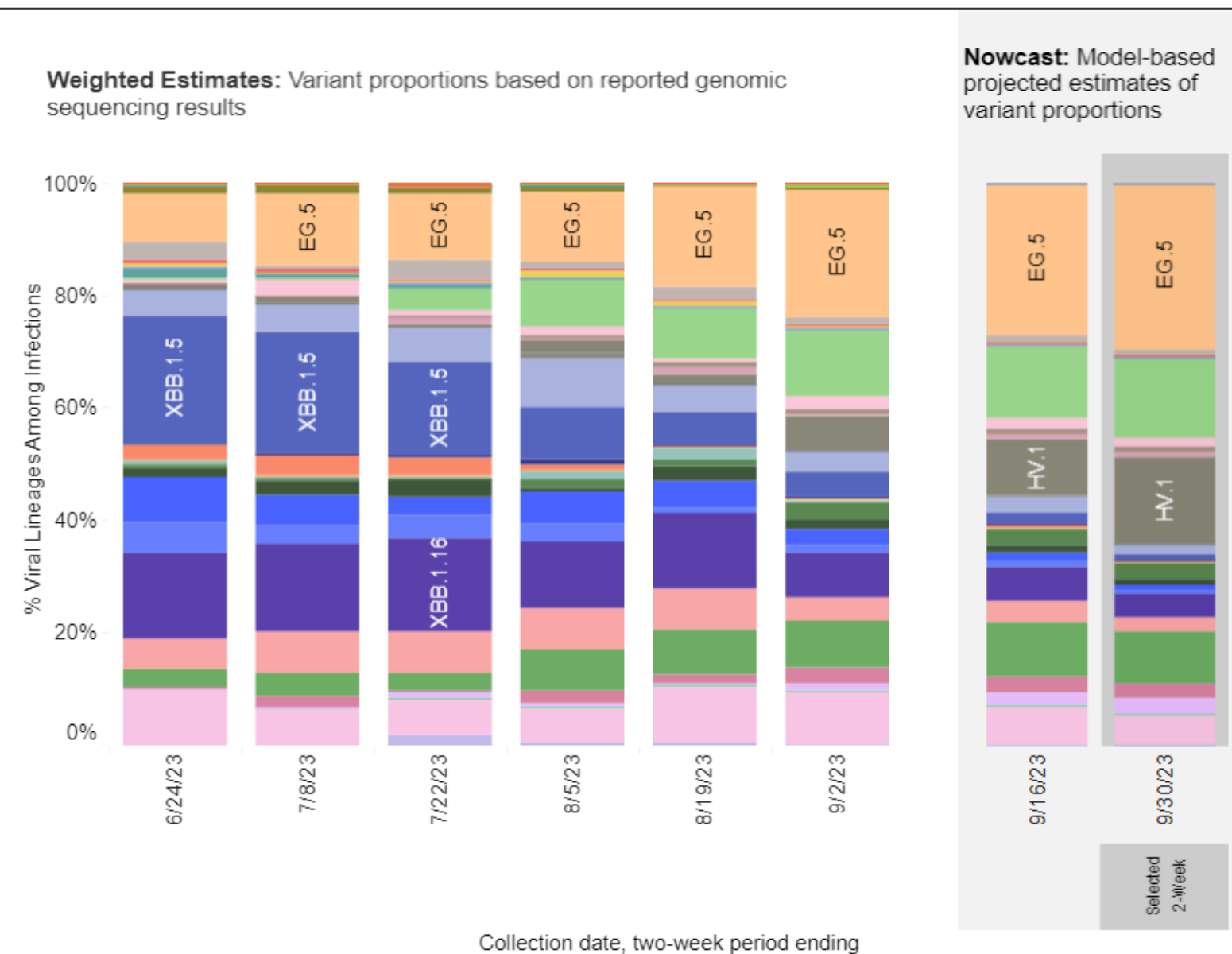
Wastewater Surveillance



Most sites are at low or decreasing levels.

Weighted Estimates in HHS Region 3 for 2-Week Periods in 6/11/2023 – 9/30/2023

Hover over (or tap in mobile) any lineage of interest to see the amount of uncertainty in that lineage's estimate.



Nowcast Estimates in HHS Region 3 for 9/17/2023 – 9/30/2023

Region 3 - Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia

WHO label	Lineage #	%Total	95%PI	
Omicron	EG.5	29.2%	26.0-32.6%	
	HV.1	15.4%	12.7-18.6%	
	FL.1.5.1	14.3%	12.5-16.3%	
	XBB.1.16.6	9.2%	7.1-11.8%	
	XBB.2.3	5.2%	4.0-6.7%	
	XBB.1.16	4.1%	3.4-4.9%	
	XBB.1.5.70	2.8%	1.4-5.6%	
	XBB.1.16.15	2.8%	1.7-4.4%	
	XBB.1.16.1	2.7%	2.1-3.4%	
	XBB.1.16.11	2.6%	2.0-3.4%	
	XBB	1.9%	1.3-2.8%	
	GE.1	1.6%	0.8-3.1%	
	EG.6.1	1.1%	0.7-1.8%	
	XBB.1.9.1	1.0%	0.8-1.2%	
	HF.1	1.0%	0.6-1.7%	
	XBB.1.5	0.9%	0.7-1.1%	
	GK.2	0.8%	0.4-1.8%	
	XBB.1.5.72	0.8%	0.5-1.3%	
	XBB.1.9.2	0.5%	0.4-0.8%	
	XBB.1.5.68	0.3%	0.2-0.6%	
	XBB.1.5.10	0.3%	0.2-0.5%	
	XBB.2.3.8	0.3%	0.2-0.5%	
	XBB.1.42.2	0.2%	0.1-0.5%	
CH.1.1	0.2%	0.1-0.4%		
BA.2	0.1%	0.0-0.5%		
FD.1.1	0.1%	0.1-0.3%		
FE.1.1	0.1%	0.0-0.2%		
XBB.1.5.59	0.1%	0.0-0.2%		
EU.1.1	0.0%	0.0-0.1%		
XBB.1.5.1	0.0%	0.0-0.0%		
BQ.1	0.0%	0.0-0.0%		
BA.5	0.0%	0.0-0.0%		
FD.2	0.0%	0.0-0.0%		
Other	Other*	0.1%	0.1-0.2%	

PA HAN 720 Issued September 29, 2023: Preparedness for Respiratory Season

- Infection Control Plan critical part of safe operations and infectious disease transmission mitigation
 - Virologic testing should include comprehensive respiratory panel
 - Monitoring community transmission
 - PA DOH will have respiratory dashboard later this month for flu, RSV and COVID-19
 - Vaccination
 - Offer vaccines and providing education (flu, covid, RSV)
 - Management of ill staff and residents
 - Policy for time off(staff), how to manage testing (ensure adequate supply) and treatment/prophylaxis
 - Education and training
 - Refresher training sessions
 - Environmental and engineering control measures
 - Robust surveillance to detect infection early and prevent larger outbreaks
 - Supplies to perform broad based testing

Potential Return to Masking.....How are your staff reacting?

- Your COVID-19 IC policy should reflect accepted IC standards
- Masking policy is based upon county hospitalization rates or outbreak status & should be posted for transparency-both when masks will be required and when they can return to mask optional
- Virtually every site, if following accepted IC policy, will return to masking for some period of time in the coming months
- Some sites are experiencing strong backlash against return to masking-leaders are challenged with how to manage these strong feelings
- If you are experiencing this challenge, the Medical Reserve Corps can assist with confidential debriefing of staff who are experiencing anger and frustration related to masking which in many instances is a remnant of negative experiences during the pandemic. Email Kim Kenawell to schedule time to come to your community to meet with staff. kkenawell@ehsf.org

Overview of Penn State Executive Programs

Penn State Executive Programs is the professional development arm of the Smeal College of Business at Penn State. We deliver learning experiences that translate into improved performance, refined leadership, and more effective management strategies and processes.

PROGRAMS FOR THE RISE-SC Region

Programs have been identified and tailored for the LTC community based on collaboration with Dr. Osevala and the Penn State College of Medicine.

Programs will be offered in
PRIVATE LTC sessions for you!

Quick Highlights of *RISE Programs*

Our Goal:
Create learning programs targeting the needs of leaders in LTC organizations

TAILORED FOR LTC LEADERS

- We have partnered with a former executive director in LTC who is now a leadership coach are LTC aware
- Programs offered in private RISE cohorts – expand your network

INNOVATIVE DESIGN AND DELIVERY

- Participate in these programs from any location you choose...
- Sessions are ½-day in length and have been scheduled to avoid your busiest times of the day

GRANT SUPPORTED OPPORTUNITY FOR YOUR CONTINUING EDUCATION

- Programs have been approved for Continuing Education supported by the Penn State College of Medicine



Programs for RISE: Register and earn Continuing Education credits

[**Enroll Here!**](#)

Communication Strategy for LTC Leaders

Program Dates: Oct 18-20, 2023

Program Time: 8:30 – 11:45 am

***CEs Available:** *NHA Credit Application has been made. 9 CME credits approved.*

Interactive sessions that brings together multiple instructors to help you explore effective strategies for communicating up, down, and across the organization, with particular focus on authenticity and communicating across generations.

As a result of this 3 ½-day program, you will be able to:

- Leverage communication as a strategic leadership strength
- Understand authenticity to connect with the team
- Learn to effectively communicate your vision
- Foster engagement and supports change
- Consider authenticity when communicating formally and informally

Register NOW to save your seat!

Leading and Managing LTC Teams

Series Dates: October 29, Nov 1, 21, 29, Dec: 6, 13

Time: 1:00-4:15 PM

***CEs Available:** *NHA Credit Application has been made. 18 CME credits approved.*

If you lead or manage people, you'll benefit from this engaging series. These interactive sessions focus on the topics that matter most: goal attainment, employee recruitment/retention, and organizational success.

This 6-part series will help you:

- Use emotional intelligence to be a more effective leader
- Define critical steps in performance management and how to use them to drive success
- Discuss and maximize drivers of employee motivation & engagement
- Assess teams to harness strengths and increase group productivity.

Register NOW to save your seat!

Programs for RISE: Register and earn Continuing Education credits

[**Enroll Here!**](#)

Leading and Developing a **Culture of Inclusion**

Program Dates: To be announced

Time: To be announced

***CEs Available:** *NHA Credit Application has been made. 6 CME credits approved.*

Inclusive leadership is critical in shaping organizational culture, encouraging positive workplace interactions, increasing empathy across differences, and developing strategies that support inclusive teams.

You'll learn to:

- List key factors that shape organizational culture
- List three foundational strategies to develop an inclusive organization
- Describe common barriers to workplace inclusivity and create strategies to reduce them

Coming this Spring!

Implementing Strategy for **Success in LTC**

Program Dates: To be announced

Time: To be announced

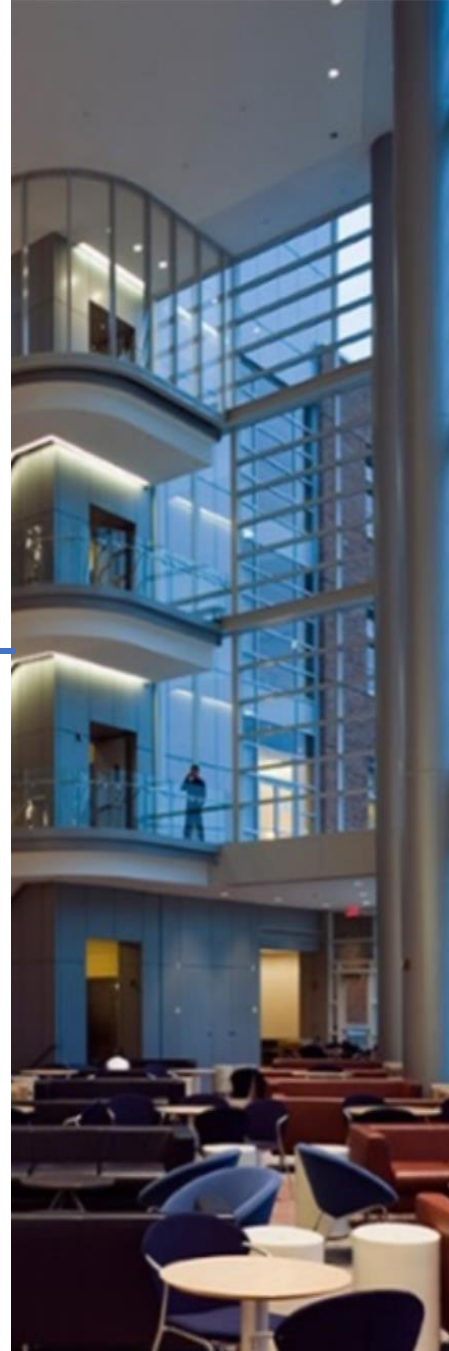
***CEs Available:** *NHA Credit Application has been made. 6 CME credits approved.*

Build strategic thinking abilities, decision-making acumen, change management awareness, and influencing skills. Maximize your skills to drive organizational performance and growth.

This course will help you:

- Guide your team toward the execution of strategic initiatives
- Consider elements of your organization to ensure your implementation plans are complete
- Align strategies with organizational culture
- Connect business unit initiatives with enterprise direction
- Create processes for change and innovation

Coming this Spring!



What to do: **Click, Register, and Attend!**

What to do:

<https://forms.office.com/r/Aaje9C7afu>

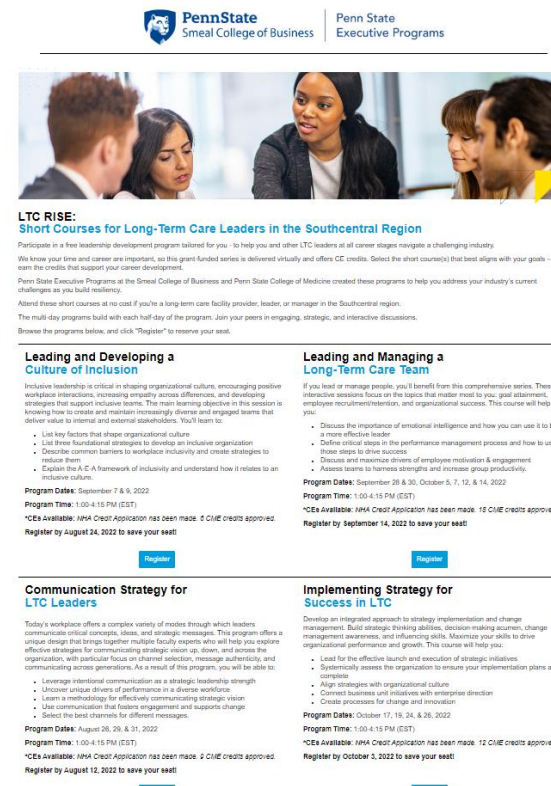
Go to the link page and select the courses you wish to take....

1. Register for Yourself or Another LTC Team Member
2. Block the time on your calendar!
3. Show up online in the Zoom Room we provide – We'll Make it Easy for You!
4. Complete all the sessions and indicate the type of Continuing Ed credits you need – they are issued through the Penn State College of Medicine Office of Continuing Education

Please note:

If you register, we assume you will attend the programs you select!

Classes max at 24 – please register early...



PennState
Smeal College of Business | Penn State
Executive Programs

LTC RISE:
Short Courses for Long-Term Care Leaders in the Southcentral Region

Participate in a free leadership development program tailored for you - to help you and other LTC leaders at all career stages navigate a challenging industry. We know your time and career are important, so this grant-funded series is delivered virtually and offers CE credits. Select the short course(s) that best aligns with your goals - and earn the credits that support your career development.

Penn State Executive Programs at the Smeal College of Business and Penn State College of Medicine created these programs to help you address your industry's current challenges as you build resiliency.

Attend these short courses at no cost if you're a long-term care facility provider, leader, or manager in the Southcentral region.

The multi-day programs build with each half-day of the program. Join your peers in engaging, strategic, and interactive discussions.

Browse the programs below, and click "Register" to reserve your seat!

Leading and Developing a Culture of Inclusion

Inclusive leadership is critical in shaping organizational culture, encouraging positive workplace interactions, increasing empathy across differences, and developing strategies that support inclusive teams. The main learning objective in this session is learning how to create and maintain increasingly diverse and engaged teams that deliver value to internal and external stakeholders. You'll learn to:

- List key factors that shape organizational culture
- List three foundational strategies to develop an inclusive organization
- Describe common barriers to workplace inclusivity and create strategies to reduce them
- Explain the A.E.A. framework of inclusivity and understand how it relates to an inclusive culture.

Program Dates: September 7 & 8, 2022
Program Time: 1:00-4:15 PM (EST)
CEs Available: NHA Credit Application has been made. 6 CME credits approved.
Register by August 24, 2022 to save your seat!

Register

Leading and Managing a Long-Term Care Team

If you lead or manage people, you'll benefit from this comprehensive series. These interactive sessions focus on the topics that matter most to you: goal statement, employee recruitment/retention, and organizational success. This course will help you:

- Discuss the importance of emotional intelligence and how you can use it to be a more effective leader.
- Define critical steps in the performance management process and how to use those steps to drive success.
- Discuss and maximize drivers of employee motivation & engagement.
- Assess teams to harness strengths and increase group productivity.

Program Dates: September 28 & 30, October 5, 7, 12, & 14, 2022
Program Time: 1:00-4:15 PM (EST)
CEs Available: NHA Credit Application has been made. 16 CME credits approved.
Register by September 14, 2022 to save your seat!

Register

Communication Strategy for LTC Leaders

Today's workplace offers a complex variety of modes through which leaders communicate critical concepts, ideas, and strategic messages. This program offers a unique design that brings together multiple faculty experts who will help you explore effective strategies for communicating strategic vision up, down, and across the organization, with particular focus on channel selection, message authenticity, and communicating across generations. As a result of this program, you will be able to:

- Leverage intentional communication as a strategic leadership strength
- Uncover unique drivers of performance in a diverse workforce
- Learn a methodology for effectively communicating strategic vision
- Use communication that fosters engagement and supports change
- Select the best channels for different messages.

Program Dates: August 26, 29, & 31, 2022
Program Time: 1:00-4:15 PM (EST)
CEs Available: NHA Credit Application has been made. 6 CME credits approved.
Register by August 12, 2022 to save your seat!

Register

Implementing Strategy for Success in LTC

Develop an integrated approach to strategy implementation and change management. Build strategic thinking abilities, decision-making acumen, change management awareness, and influencing skills. Maximize your skills to drive organizational performance and growth. This course will help you:

- Lead for the effective launch and execution of strategic initiatives
- Systematically assess the organization to ensure your implementation plans are complete
- Align strategies with organizational culture
- Connect business unit initiatives with enterprise direction
- Create processes for change and innovation

Program Dates: October 17, 19, 24, & 26, 2022
Program Time: 1:00-4:15 PM (EST)
CEs Available: NHA Credit Application has been made. 12 CME credits approved.
Register by October 5, 2022 to save your seat!

Register

What to do:

[Click, Register, and Attend!](#)

What to do:

<https://forms.office.com/r/Aaje9C7afu>

Questions about courses or process?

- Sandy Clemmer 814-863-2562 (sjc102@psu.edu)
- Corena Breon 814-863-3356 (clp8@psu.edu)

Please let us know
how we can help!



The Return of the STARR Ladder Program!

The South Central LTC RISE Team is excited to be re-launching our STARR Ladder Program in the coming weeks!

3 Tracks:

- Dementia Care Track
- Infection Prevention Track
- QAPI Track – NEW!!

Provide select staff with an opportunity to become facility champions through participation in the STARR ladder program with goal to have facility recognition through assignment of a new role/title. Eligible staff include medication technicians, certified nursing assistants, maintenance staff, administrative staff and nurses.

3 STARR Phases:

- Online Component geared toward your chosen track (self-paced)
- In-Person workshop and training with subject matter experts for STARR Participants
- In-Person training with STARR Participants as leaders

Want to learn more? Email us! RISEteam@pennstatehealth.psu.edu LINK TO SIGN-UP COMING SOON!



Long-Term Care RISE ECHO

This virtual series seeks to empower facility administration and staff to improve health outcomes for residents facing challenges related to age-friendly care.

Join us October 12th, 2023 for our next session:

“IPC for Therapy Personnel”

Register below!

<https://redcap.link/LTCRISE23-24>



PennState
College of Medicine



RISE 2.0 Vizient Safe and Reliable Offerings

SCOR-LTC Survey

Assess your current strengths and opportunities within your organization. This short survey lays the framework for improving staff engagement and retention, addressing burnout issues, and identifying best practices for community building.



What you do:

- Register your community via the link below, or through the QR code here
 - [SCOR Survey Registration](#)
- Tell us about your facility staff – how many and how they work together - during a 15-20 minute mapping call
- Promote staff participation in an anonymous 8–11-minute survey

What you get:

- Detailed insight into the drivers of cultural health and staff well-being at your facility
- Training in interpreting the data from the survey
- A debriefing session from an expert on cultural impact in healthcare settings
- Custom action plan with coaching and strategies specific to your results
- Access to individual well-being trainings that can also provide free CEUs for all staff
- Newly surveying communities will receive iPads to assist in the survey process

IP Office Hours Oct 6, 2023 12:30-1:30PM: Vaccines for Long-Term Care Facilities (Influenza, COVID-19, Respiratory Syncytial Virus, and Pneumococcal)

Guest Speaker:
Hannah Lund, MPH, CPH
Bureau of Epidemiology
Division of Surveillance

**REGISTER HERE to Receive Calendar
Invite:**

**[LTC RISE Infection Prevention Office
Hour Registration \(hapevolve.com\)](https://hapevolve.com)**

Hosted by



Long Term Care RISE

 Penn Medicine |  TEMPLE HEALTH



The Bridge Center at Messiah University is hosting 8 educational courses for entry and mid-level Long-Term Care Leaders called **Leading Spirituality and Wellness in Long-Term Care.**



THE BRIDGE CENTER
FOR CONTINUING EDUCATION

Registration is free!

Check out current offerings, suggest a training, or sign up for our email list!

www.messiah.edu/bridgecenter

Each course will focus on a unique aspect of spirituality and will encourage long-term care leaders in their personal journeys as well as provide tools to support their co-workers and team members.



The Bridge Center at Messiah University is hosting 8 educational courses for entry and mid-level Long-Term Care Leaders called **Leading Spirituality and Wellness in Long-Term Care.**

FIRST COURSE – October 19 at 1:00 p.m.

Exploring the Connection Between Servant Leadership and Spirituality

Research suggests that servant leadership and spirituality reinforce one another. As leaders grow spiritually, they begin to exhibit servant leadership characteristics and as leaders practice servant leadership they evolve spiritually. This course will seek to explain this relationship and demonstrate how servant leadership can contribute to employees' spiritual growth and holistic growth.

Registration is free!



**THE BRIDGE CENTER
FOR CONTINUING EDUCATION**

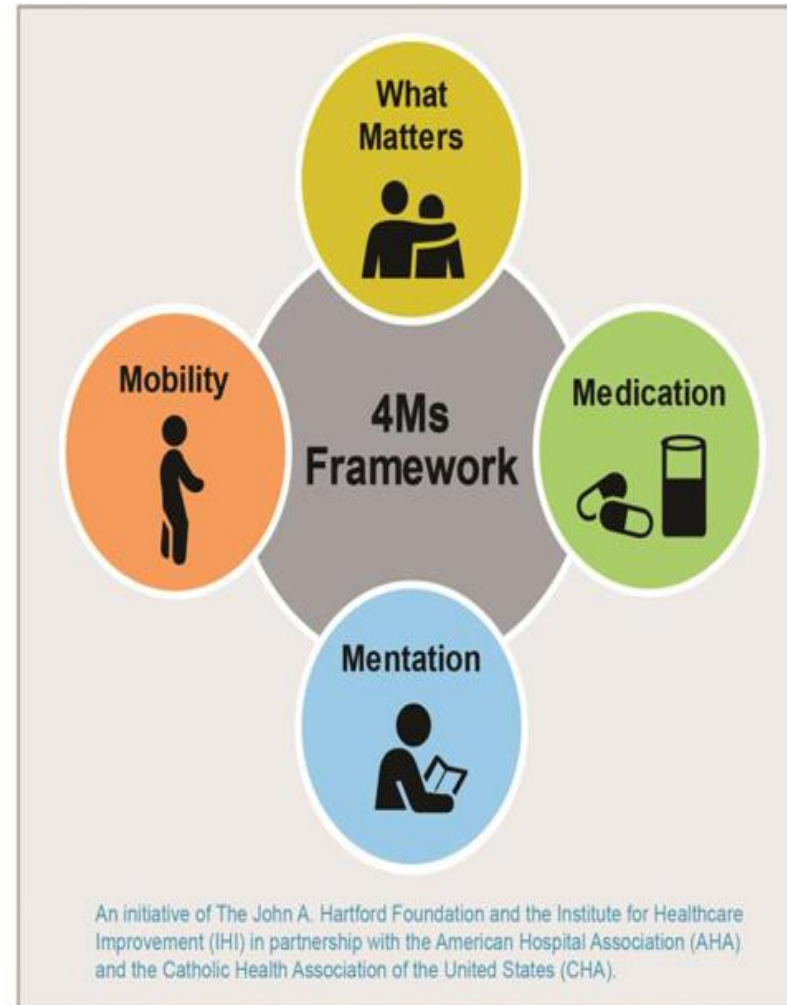
[For information on this course](#)
[or to register, click here or scan QR code!](#)

For more details on the course series, go to
www.messiah.edu/bridgecenter



Interested in Taking the Next Step to Become an Age Friendly Nursing Home or Personal Care Home?

- Through the RISE grant, our partners at ECRI will assist you in the steps outlined to gain Level 1 recognition!
- Ongoing support can be offered to set you up to achieve Level 2 recognition as well!
- Email jharpel@ECRI.org



What Matters

Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, advance care planning and goals of care, and across settings of care.

Medication

If medication is necessary, use Age-Friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care.

Mentation

Prevent, identify, treat, and manage dementia, depression, and delirium across settings of care.

Mobility

Ensure that older adults move safely every day in order to maintain function and do What Matters.



In less than 10 minutes, complete the
LTC RISE *FAST Form*
The *Facility Access Survey Tool*



Created by your Long-Term Care RISE partners in the South Central PA region, this tool will help us gather information from multiple points-of-contact at your facility in order to quickly share resources, training, incentives and MORE to you for easy connections!

[Click here to complete the form today!](#)