

South Central Long-Term Care RISE

Resiliency, Infrastructure, Support & Empowerment

Office Hours

December 8, 2023



**LONG TERM
CARE** RESOURCE
COLLABORATIVE

SOUTH CENTRAL
LTC RISE



PennState
College of Medicine



AGENDA

- COVID-19, RSV and Influenza Data
- RSV Vaccination reminder
- Free RISE Resource Reminders
 - STARR program
 - ECRI Escape Rooms
 - IP Office Hours
 - IP Geek
 - ECHO
 - P2P Network
 - Fast Form



SITUATIONAL AWARENESS

SOUTH CENTRAL REGION

LTC RISE Counties with Outbreaks						
	Outbreaks	Percent of Facilities in County with Outbreak	PCH	SNF	Total in County	Outbreaks Previous Week
Bedford	1	20%	3	2	5	0
Blair	6	23%	16	10	26	7
Mifflin	3	60%	2	3	5	2
Huntingdon	2	40%	2	3	5	1
Fulton	0	0%	1	1	2	0
Juniata	0	0%	5	3	8	0
Perry	1	25%	1	3	4	1
Cumberland	6	15%	24	17	41	8
Franklin	3	10%	20	9	29	4
Adams	3	18%	11	6	17	4
Dauphin	4	13%	22	9	31	2
York	2	4%	30	16	46	3
Lebanon	6	20%	19	11	30	6
Total	37	15%	156	93	249	38
Total Facilities (PCH and SNF)				249		

SOUTH CENTRAL REGION- COUNTY COVID NEW HOSPITAL
ADMISSION RATES ON 12/07/23: CDC DATA TRACKER

COUNTY	NEW HOSPITAL ADMISSIONS PAST WEEK	RATE PER 100,000 POPULATION
ADAMS	23	2.8
BEDFORD	59	15.8
BLAIR	59	15.8
CUMBERLAND	48	6.7
DAUPHIN	48	6.7
FRANKLIN	18	5.6
FULTON	18	5.6
HUNTINGDON	11	9.5
JUNIATA	11	9.5
LEBANON	48	6.7
MIFFLIN	11	9.5
PERRY	48	6.7
YORK	23	2.8

Last Updated 12/07/2023

Weekly Summary of Influenza and Respiratory Syncytial Virus (RSV) in Pennsylvania, 2023-2024 Respiratory Virus Season

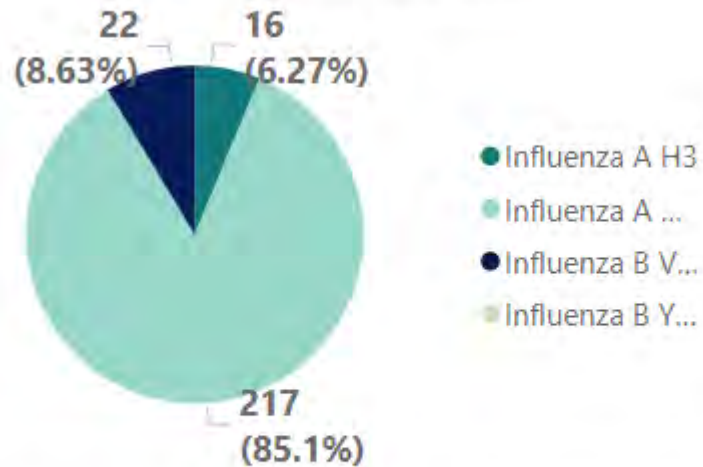


Data Through 12/2/2023

Important Note

This tab displays case counts for respiratory virus diseases that are currently reportable in Pennsylvania, i.e. influenza and RSV. COVID-19 is no longer reportable in PA since the national Public Health Emergency ended on May 11, 2023. Note that

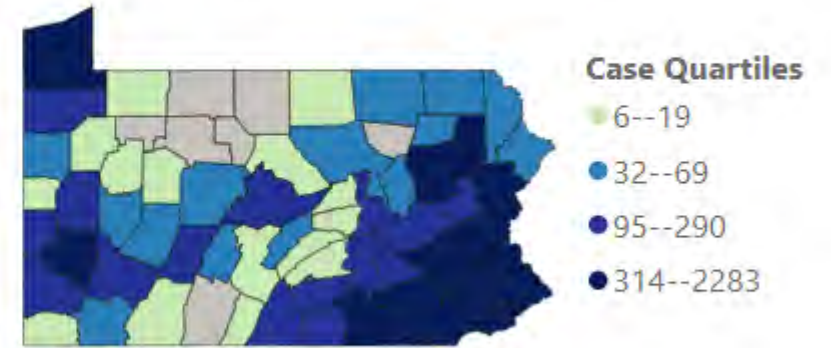
Influenza Subtyping at the Public Health Lab 10/1/23 through 12/2/2023



- Virus
- Influenza (All Types)
 - RSV (All Types)

CASES
 RATES

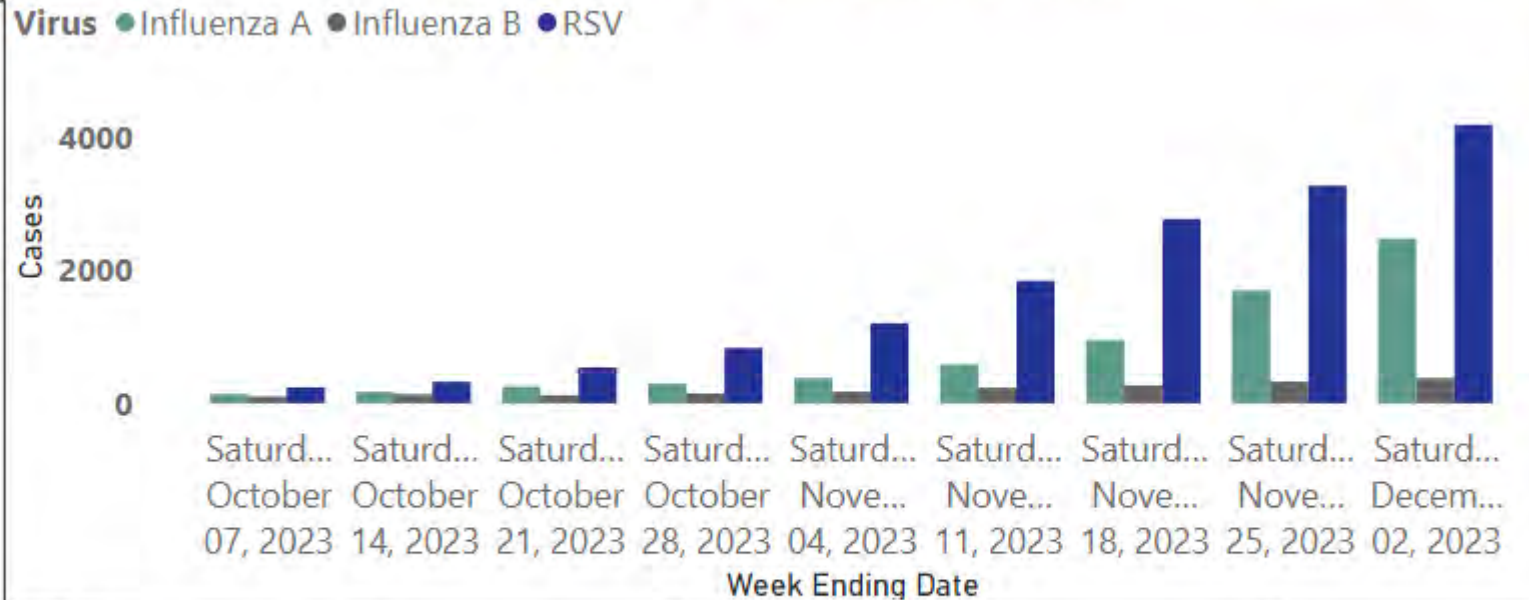
RSV (All Types) Cases by County Reported to PA-NEDSS 10/1/23 through 12/2/2023

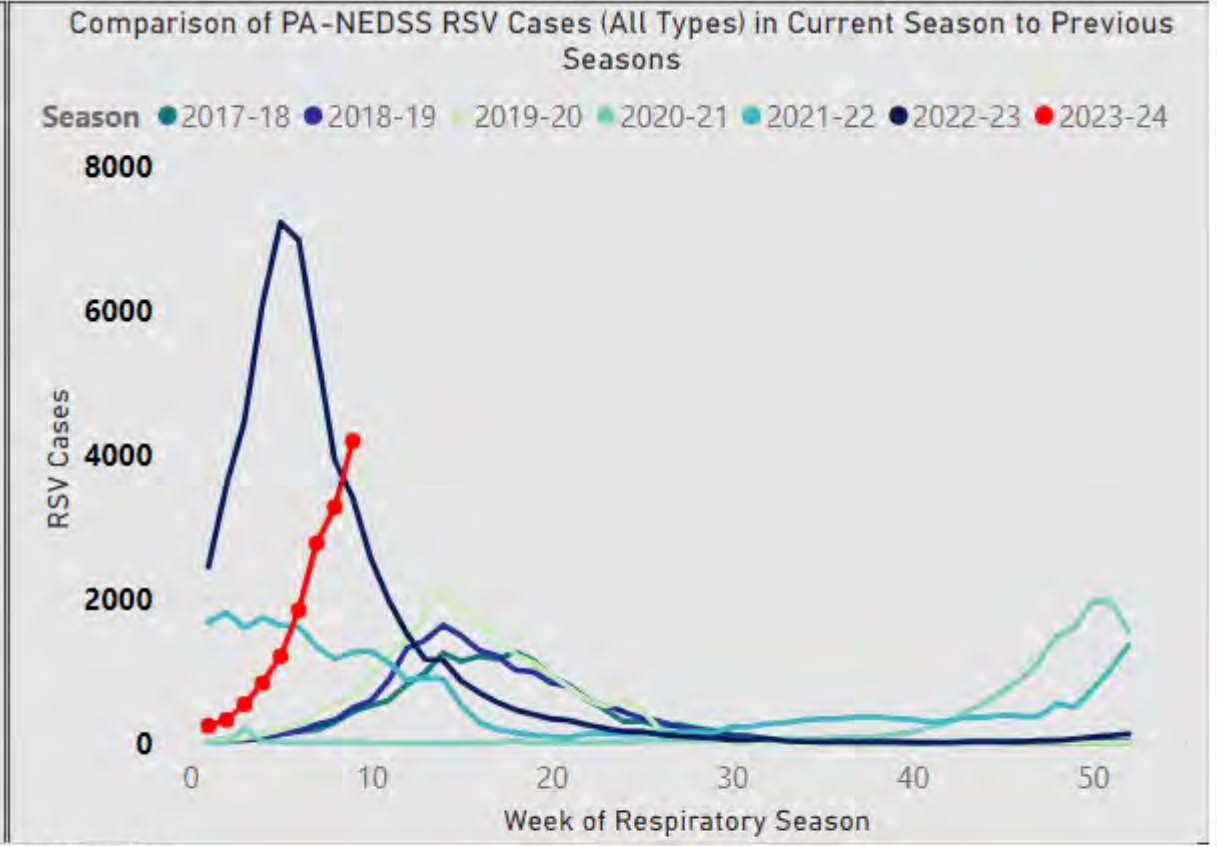
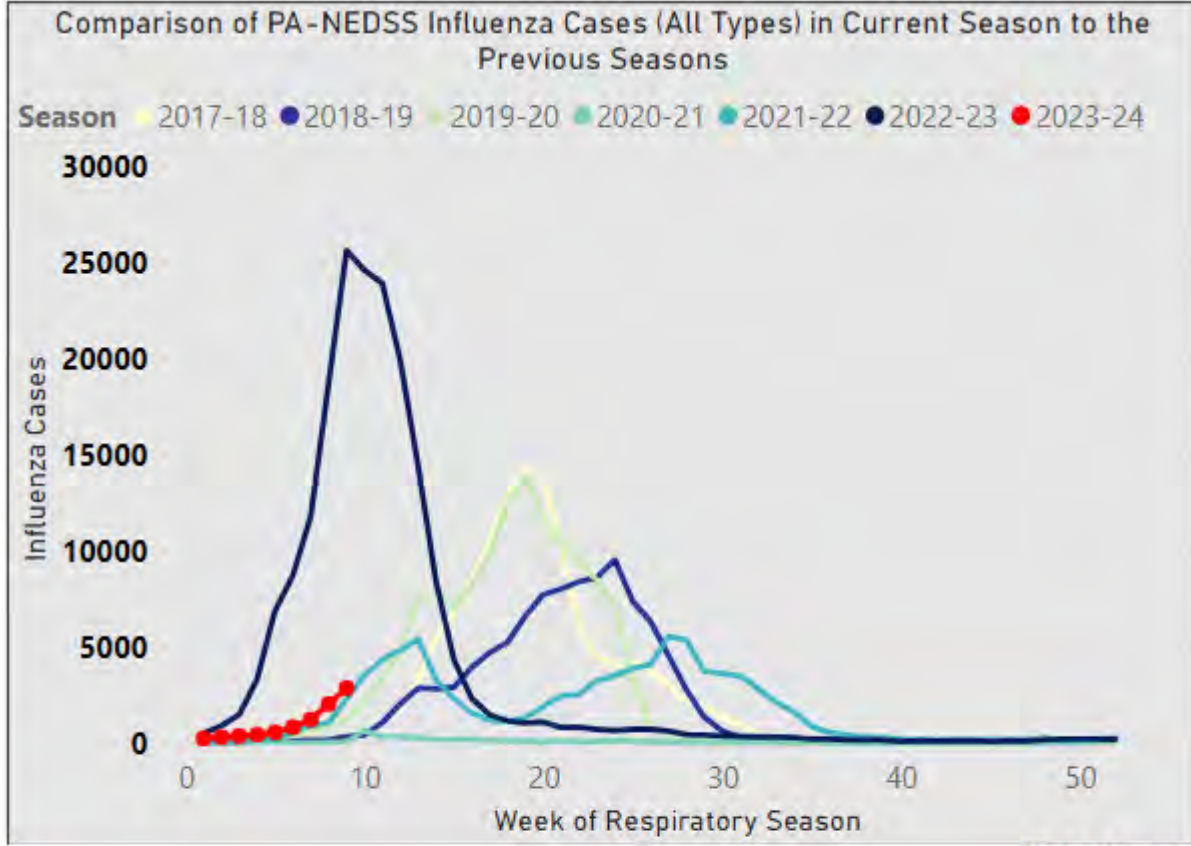


***Counties in gray have fewer than 5 cases. When patient address is not available (about 35% of cases) the county of the healthcare**

[Download County Case Counts](#)

Cases by Week Reported into PA-NEDSS





Data Source Information

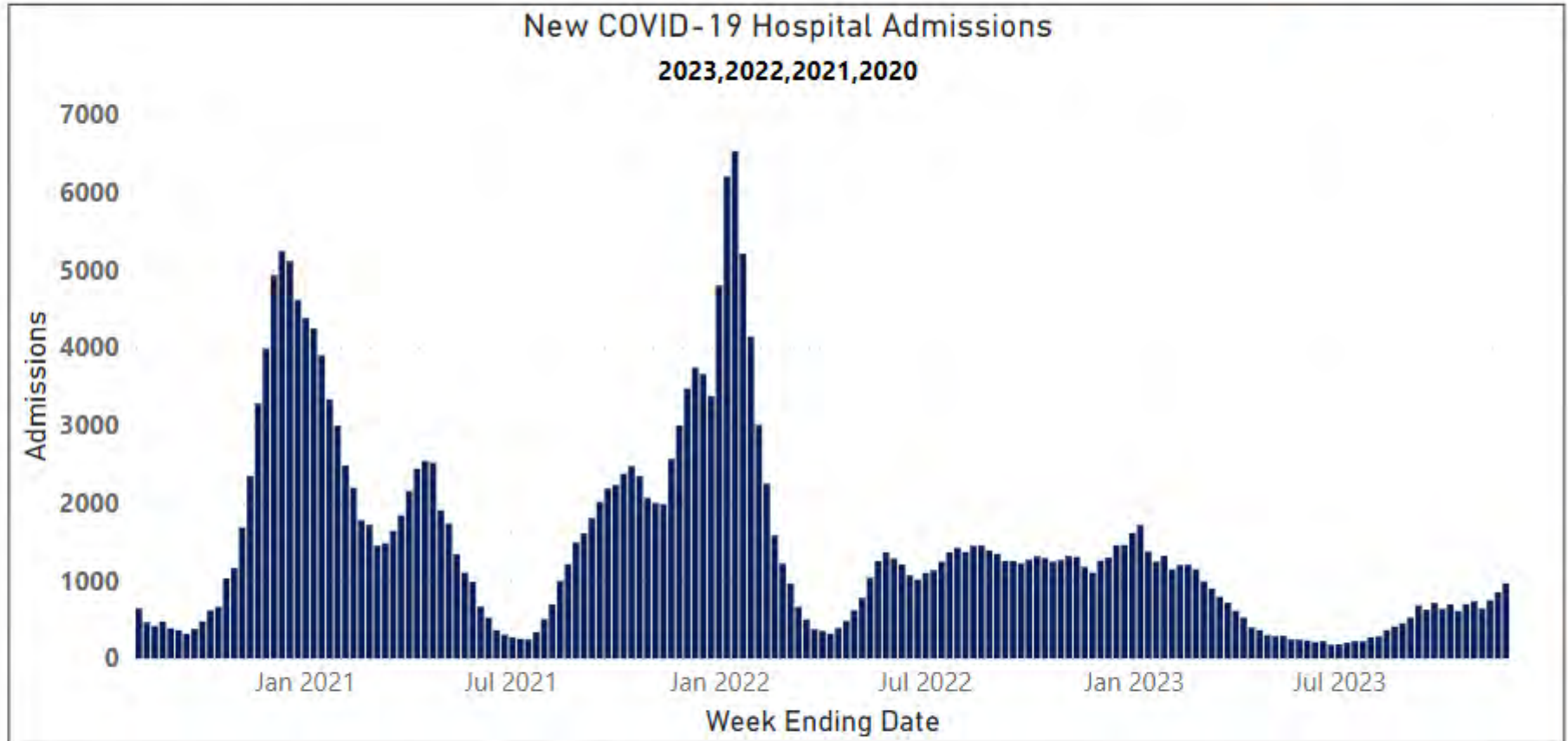
Please note that the y-axis (number of cases) is different for each figure. Data provided for the figures are positive PCR/Antigen influenza (all types) and RSV (all types) tests reported to PA-NEDSS via ELR, manual entry, or aggregate reporting. Cases are aggregated by week of respiratory season. Week 1 of respiratory season is the first week of October, and the week 52 is the last week of September. For example, week 1 of the 2023-2024

COVID-19 Hospitalizations

Last Updated on 12/2/2023
With the Most Recent Available
Data

Year

- Select all
- 2020
- 2021
- 2022
- 2023



Data Source

Data are from the COVID-19 hospitalizations reported to NHSN and are downloaded from CDC's COVID-19 Tracker. Data are current for the previous week and are updated by CDC on Thursdays. For more information on the methods or to download the data, see [CDC COVID Data Tracker: Trends by Geographic Area](#).

PA HAN 716-Issued 8/30/23

RSV Vaccines Approved for Adults Aged 60 & Older

- FDA approved 2 new vaccines against RSV for adults 60 years & older at risk for severe RSV disease
- 1 dose of vaccine following shared decision making with provider
- Demonstrate moderate to high efficacy in preventing RSV-associated lower respiratory tract disease, potential to prevent substantial morbidity and mortality
- There were 6 cases of rare neurologic events-due to chance or associated with RSV vaccine-more data is pending
- Limited data on co-administration with influenza vaccine and no data for co-administration with covid-19 vaccine so caution advised if considering co-administration
- Vaccine info:
 - Arexvy (GSK): Single dose, 0.5mL IM, must be reconstituted
 - Abrysvo (Pfizer): Single dose, 0.5mL IM, must be constituted (prefilled syringe with diluent & vial adapter)

Respiratory Syncytial Virus Vaccination in PALTC: Resources for Clinicians

October 2, 2023

Shared Clinical Decision-Making (SCDM)

RSV Vaccination for Adults 60 Years and Older

- Respiratory syncytial virus (RSV) is a cause of severe respiratory illness across the lifespan. Each year in the United States, RSV leads to approximately 60,000-160,000 hospitalizations and 6,000-10,000 deaths among adults 65 years and older.
- Adults 60 years of age and older now have the option to receive one dose of RSV vaccine based on a SCDM process between a patient and their health care provider.
- Consider multiple factors when discussing RSV vaccination with your patients. SCDM recommendations are optional and are informed by whether the patient has any risk factors for severe RSV disease; a patient's risk of exposure to RSV; a patient's preferences for RSV vaccination; and the clinical discretion of the health care provider.

Underlying medical conditions associated with increased risk for severe RSV disease include:



Chronic lung disease
(e.g., COPD and
asthma)



Chronic kidney
disease



Moderate or severe
immunocompromise



Chronic cardiovascular
disease (e.g., CHF and
CAD)



Chronic liver
disease



Chronic hematologic
disorders



Chronic or progressive
neurologic or neuromuscular
conditions



Diabetes
Mellitus



Any underlying condition
that a provider determines
might increase the risk of
severe RSV disease

Other factors associated with increased risk for severe RSV disease include:



Frailty or advanced age,
as determined by the
healthcare provider



Residence in a
nursing home or
other long-term care
facility



Any underlying factor
a provider determines
might increase the risk
of severe RSV disease

Other points to consider:

- Serious neurologic conditions, including Guillain-Barré syndrome (GBS), have been reported after RSV vaccination in clinical trials. However, it is unclear whether the vaccine caused these events.
- Persons with history of severe allergic reaction (e.g., anaphylaxis) to any component of RSV vaccine should not receive the vaccine.

Additional information:

CDC RSV Vaccine Information:
<https://www.cdc.gov/vaccines/vpd/rsv/index.html>

MMWR Report:

https://www.cdc.gov/mmwr/volumes/72/wr/mm7229a4.htm?ts_cid=mm7229a4_w



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention



THE SOCIETY
FOR POST-ACUTE AND
LONG-TERM
CARE MEDICINE™

Emergency Management Upcoming Office Hours

December 15, 2023, from 11:00-12:00 Electrical Utilities by First Energy

Zoom Link is the same each offering:

<https://haponline-org.zoom.us/j/83111533055?pwd=eHM1UHlrNHlyREgydGZLaFRUOCtJdz09>

Emergency Management 2024 Events

- **Office Hours 2024**

- January- Hazard Vulnerability Analysis
- February- County Emergency Management
- March- Continuity of Operations Planning
- April- Exercise Considerations
- May- National Weather Service
- June- Artificial Intelligence

- **Virtual Tabletop Exercises 2024**

- February
- April
- June

- Conducted as “no notice” events. Scenario released at the start of the exercise



Complete the STARR Ladder Program Earn \$200

3 Tracks:

- Dementia Care Track
- Infection Prevention Track
- QAPI Track – NEW!!

Provide select staff with an opportunity to become facility champions through participation in the STARR ladder program with goal to have facility recognition through assignment of a new role/title. Eligible staff include medication technicians, certified nursing assistants, maintenance staff, administrative staff and nurses.

3 STARR Phases:

- Online Component geared toward your chosen track (self-paced)
- In-Person workshop along with 2-3 virtual training sessions with subject matter experts
- In-Person training where STARR Participant co-leads the training, ongoing mentorship

Participants who **complete the program** earn a \$200 Mastercard gift card

To learn more email RISEteam@pennstatehealth.psu.edu or click the link to register!



[Register Here!](#)

Long-Term Care RISE ECHO

This virtual series seeks to empower facility administration and staff to improve health outcomes for residents facing challenges related to age-friendly care.

Join us **December 14th, 2023** for our next session:

Hand Hygiene

Register below!

<https://redcap.link/LTCRISE23-24>



PennState
College of Medicine



Information Session on Tuesday, 12/12 at 10 am



Join us for an information session about ECRI's Escape Rooms and other Quality Improvement trainings!

Jean Harpel will be talking more in-depth and to answer questions about sessions and how they would best work for your staff.

We'll also be joined by **Tammy Lengel** from Stoneridge Towne Center, who will be talking a bit about how her staff has benefitted from ECRI trainings.

An invite was sent to your inbox! If you don't see it please email Katie klengyel@pennstateheath.psu.edu

Register Here!



Introducing “IP Talk” Office Hours

HAPEvolve, in collaboration with Penn Medicine/Temple Health and Penn State Health LTC RISE programs, are excited to host monthly Infection Prevention (IP) Office Hours.

WHAT

IP Talk is a VIRTUAL, Multiregional IP Office Hours session that will combine IP education with the sharing of best practices.

WHY

IP Talk is a way to support IP resiliency and assist LTC IPs in building a network of peers. We are currently pursuing continuing education so it will also be a great way to earn credit!

WHEN

IP Talk will be held on the FIRST Friday of each Month from 12:30 – 1:30 PM for 1 hour. Tentative Schedule:

October 6, 2023	January 5, 2024	April 5, 2024
November 3, 2023	February 2, 2024	May 3, 2024
December 1, 2023	March 1, 2024	June 7, 2024

WHO

IP Talk speakers will include subject matter experts discussing areas of Infection Prevention based on YOUR feedback. Current topics that are being planned include vaccines, outbreak management, enhanced barrier precautions and more!

HOW

IP Talk Monthly sessions will be held virtually on ZOOM. A registration page will be made available and sent after every IP Office Hour to receive the calendar invite. Additionally, a reminder will be sent a week prior.

[LTC RISE Infection Prevention Office Hour Registration \(hapevolve.com\)](https://hapevolve.com)

12 Week IP Educational Offering: Introducing “12 Week IP Geek”



- We are currently pursuing CEUs for this course offering!
- “Back to Basics” IP Educational Topics aimed at supporting IP resiliency and building a network of peers
 - 6 Didactic Sessions (2 per month)
 - 3 Coaching/Networking Calls (1 per month)
 - Fun, laid back environment to learn, discuss and share ideas!
- Educational offering will be repeated in 3 cohorts throughout the year
 - Cohort 1- Sept-Nov (12 facility spots available) - **COHORT IN SESSION**
 - Cohort 2- Jan-Mar (12 facility spots available) - **REGISTRATION FULL**
 - **Cohort 3- Apr-Jun (12 facility spots available) - ENROLLING NOW!**
- Enroll for **COHORT 3** here : [LTC Rise IP Course Registration Link](#)

Peer-2-Peer Network (P2P Net)

Facilitated by Medical Reserve Corps

As part of the Penn State LTC RISE program, the South Central PA Medical Reserve Corps is offering free training in-house at your facility. MRC can come on weekdays and weekends to complete this important program for your leadership and staffing teams. Each session lasts for about an hour and can be taught several times a day to capture all shifts. **Training is offered on a first come, first served basis.**

Psychological First Aid (PFA) is an evidence-informed approach that is built on the concept of human resilience. PFA aims to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal crisis. PFA addresses basic needs and reduces psychological distress by providing a caring comforting presence, and education on common stress reactions. It empowers the individual by supporting strengths and encouraging existing coping skills and also provides connections to natural support networks.

Follow this link to find a time between now and March 2024. <https://calendly.com/scpamrc/psychological-first-aid> (Weekends upon request)

Other questions? Contact Kim Lee Kenawell, MSFS, AWMA[®], CDFA[®], CRPC[®]
kkenawell@ehsf.org or 717-319-5110





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& QUILT AUCTION**
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PENNSYLVANIANS**



**HOW TO
DONATE**

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EMAIL US: INFO@ALPHA-HOMES.ORG

Donations are tax-deductible!

ALPHA IS A COLLABORATIVE PA STATEWIDE ORGANIZATION THAT PROMOTES THE SUSTAINABILITY OF LOW-INCOME PERSONAL CARE HOMES ("PCHS") THROUGH VOLUNTEERISM, ADVOCACY, PARTNERSHIPS, AND BUSINESS MENTORING.

Getting rid of any older, gently-used furniture or décor from your facility (or even your home)?

Consider donating to Project ALPHA's upcoming Antique, Vintage, Art & Quilt Auction

The proceeds from this auction will help Project ALPHA provide needed training and resources to small, low-income Personal Care Homes in Pennsylvania

[Learn more about Project ALPHA on their FB page!](#)



In less than 10 minutes, complete the
LTC RISE *FAST Form*
The *Facility Access Survey Tool*



Created by your Long-Term Care RISE partners in the South Central PA region, this tool will help us gather information from multiple points-of-contact at your facility in order to quickly share resources, training, incentives and MORE to you for easy connections!

[Click here to complete the form today!](#)